

EAP BENEFIT

# A Resource for Supervisors



Deteriorating work performance, unreliable attendance, conflict with colleagues... These are a few of the many challenging situations that can leave a supervisor feeling overwhelmed or unsure. This is especially true when an employee is not performing up to par and you are aware that they have personal struggles.

Rather than suffering alone or trying to solve employees' problems yourself, call EAP for a management consult to confidentially discuss and get professional advice about how to best handle the situation.

When you are aware of an employees' personal problem, rest assured that you have given your staff the support they need. Tell your employee about how EAP offers 24-hour support at no cost to help with:

- Legal Problems
- Financial Struggles
- Depression & Anxiety
- Grief & Loss
- Anger Management
- Childcare Resources
- Work-related problems
- Effective Communication
- Stress Management
- Relationships
- Parenting
- Gambling Addiction
- Divorce
- Conflict Resolution
- Aging/Care giving Issues
- Domestic Violence
- Drug and Alcohol Problems
- Career Path
- Chronic Illness
- Coping with Changes

You can assure your staff that services are confidential and available at no cost.

Remember, as a supervisor, you have access to unlimited confidential management phone consultations regarding challenging employee behavior – including wellbeing, performance, policy violations and more.

*Wellspring EAP is available to provide collaborative, professional consultation and support services to management, with the goal of helping ease some of the challenges that you face in your supervisory role.*

ONLINE: [WELLSPRINGEAP.ORG](http://WELLSPRINGEAP.ORG)  
USERNAME: BHT SUPERVISOR  
TOLL FREE: 1-866-607-4535

