

VSP Computer VisionCare Plan



Nearly 60% of adults report experiencing symptoms of digital eye strain, also known as Computer Vision Syndrome. People spending two or more continuous hours at a computer or using a digital screen device every day are most at risk for this.¹



Many people aren't aware they're experiencing Computer Vision Syndrome (CVS), which may include one or more of the following symptoms:

- Neck and shoulder pain
- Headaches
- Irritated eyes
- Blurred or double vision

Ask your VSP® network doctor about eyewear specifically designed to reduce the impact of using digital devices, with features such as anti-reflective and blue light-filtering capabilities.

YOUR VSP COMPUTER VISIONCARESM PLAN COVERAGE WITH A VSP NETWORK DOCTOR*

Eye Exam	<ul style="list-style-type: none">• A fully covered, annual comprehensive WellVision Exam^{#2}• Exam designed to detect eye health and vision issues caused by computer and digital device use
Eyewear	<ul style="list-style-type: none">• Frames and lenses fully covered up to your retail allowance³• Up to 20% savings on the amount above your retail frame allowance³• Savings on additional pairs of prescription glasses

*Register and log in to vsp.com to review your benefit information. Based on applicable laws; benefits may vary by location.

Learn more at vsp.com | 800.877.7195

1. The Vision Council Shines Light on Protecting Sight - And Health - In a Multi-Screen Era, Vision Council, January 2019. 2. Less any applicable copay. 3. Your prescription for computer glasses will be different from other prescription glasses.

©2022 Vision Service Plan. All rights reserved. VSP and WellVision Exam are registered trademarks, and Computer VisionCare Plan is a service mark of Vision Service Plan. All other brands or marks are the property of their respective owners. 103687 VCCM